

2017 TIMETABLE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Yoga 9am Susan	Hiit Class 5:45am Amanda	Fitness Class 8:30am <i>Bookings</i> <i>Essential</i>			Hiit Class 7.30am Amanda	
*Junior Jazz 2.45pm Amber			Yoga 9am Susan			
*Primary Dance 3.45pm Amber	*Music Theatre 3.00pm Jo Ford					
*Ballet Class 4.15pm Amber	*Music Theatre 4.30pm Jo Ford	*Tap Dance Class 4.30pm Katrina				
*Inter Jazz 5.30pm Amber	Hiit Class 6.15pm Amanda		Hiit Cardio Class 5.15pm Amanda			
*Advanced Dance 6.30pm Amber						

**These activities are on during School Terms 2017. Please check with your instructor below.*

INSTRUCTOR'S CONTACT NUMBERS

NAME	CLASS	PHONE NUMBER
Amber	Dance Magnetic Classes	0408 844 895
Jo Ford	Music Theatre	0415 877 885
Susan	Yoga	0417 750 364
Amanda	Grit Class	0416 109 945
Katrina	Tap Dance Class	0407 541 640

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A: 2/60 Kelly Street, Nelly Bay, Magnetic Island QLD 4819 **W:** theactivecentre.com.au **P:** Amber on 0408844 895